

## Poultry & Meat

### Grilled Chicken Breast

Grilled Chicken Breast with Ham, Asparagus & Melted Cheese Served on Mashed Potato with a House Made Creamy Garlic Sauce.

\$26.90

### Marinated & Char-Grilled Butterflied Chicken

Marinated and char-grilled chicken, served with warm quinoa, chickpeas, and vegetable, finished with a zesty salsa verde sauce.

\$26.90

### 300g MSA Porterhouse Steak

Chargrilled to your liking with your choice of sauce and mashed potato

\*Please allow minimum 30 minutes for well-cooked steak.

\$31.90

### 300g MSA Rump Steak

Chargrilled to your liking with your choice of sauce and mashed potato

\*Please allow minimum 30 minutes for well-cooked steak.

\$26.90

### Pan Fried Beef Saltimbocca

Pan fried beef medallions topped with prosciutto, served with seasonal vegetables, finished with a burnt butter and sage sauce.

\$29.90

### 350gm Char-Grilled Pork Chop

Char-grilled 350gm pork chop, served with potato royale, mozzarella cheese broccolini And finished with a creamy seeded mustard sauce.

\$29.90

### Grand Central Mix Grill

150gm Porterhouse steak char-grilled to your liking, a chorizo sausage, bacon, grilled lamb chop, a fried egg and a fried tomato served with fries and your choice of sauce.

\$34.50

## Sauces

#### No charge

- Gravy
- Diane
- Mushroom
- Pepper

#### Additional Charge

- Extra side of sauce \$2.50
- Creamy Garlic \$2.50
- Hollandaise \$2.50
- Seafood – Prawns & Squid in creamy garlic \$8.90

Please turn page over to see more  
of our gluten free options 😊



## Salads

**Warm Quinoa and Chickpea Salad** \$18.50

Warm vegan quinoa, chickpea and roast vegetable salad tossed  
With a house made balsamic vinaigrette dressing.

**Grand Central Salad** \$18.50

Tossed salad with green beans, broccoli pieces, toasted almond flakes and  
finished with a house made seeded mustard and honey vinaigrette dressing.

## Gluten Free Salad Toppers

Grilled Chicken Tenderloins \$6.00

Grilled Prawns \$8.50

Grilled Squid \$7.00

## Seafood

**Grilled Fish and Mashed Potatoes** 1 piece \$16.50 2 piece \$20.50

Grilled fish served with mashed potatoes, lemon, salad and tartare sauce.

**Creamy Garlic Prawns** entrée \$21.50 Main \$27.50

Prawns pan fried in a creamy garlic sauce served with salad and steamed rice

## Additional Sides

- Add Salad \$3.00
- Add Vegetables \$3.00
- Add Mashed Potato \$3.90
- Gluten Free Bread Roll \$1.20

*All main meals include our house salad **or** vegetables served on your plate*

## Dessert

**Gluten Free Nut Sundae** \$8.50

With your choice of topping

- Chocolate
- Strawberry
- Caramel

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