



Poultry & Meat

Grilled Chicken Breast

Grilled Chicken Breast with Ham, Asparagus & Melted Cheese Served on Mashed Potato with a House Made Creamy Garlic Sauce.

\$27.50

Marinated & Char-Grilled Butterflied Chicken

Marinated and char-grilled chicken, served with warm quinoa, chickpeas, and vegetable, finished with a zesty salsa verde sauce.

\$27.50

300g MSA Porterhouse Steak

Chargrilled to your liking with your choice of sauce and mashed potato

*Please allow minimum 30 minutes for well-cooked steak.

\$32.90

300g MSA Rump Steak

Chargrilled to your liking with your choice of sauce and mashed potato

*Please allow minimum 30 minutes for well-cooked steak.

\$27.50

Pan Fried Beef Saltimbocca

Pan fried beef medallions topped with prosciutto, served with seasonal vegetables, finished with a burnt butter and sage sauce.

\$30.90

350gm Char-Grilled Pork Chop

Char-grilled 350gm pork chop, served with potato royale, mozzarella cheese broccolini and finished with a creamy seeded mustard sauce.

\$30.90

Grand Central Mix Grill

150gm Porterhouse steak char-grilled to your liking, a chorizo sausage, bacon, grilled lamb chop, a fried egg and a fried tomato served with mashed potato and your choice of sauce.

\$35.90

Sauces

No charge

- Gravy
- Diane
- Mushroom
- Pepper

Additional Charge

- Extra side of sauce \$2.90
- Creamy Garlic \$3.50
- Hollandaise \$3.50
- Seafood – Prawns & Squid in creamy garlic \$9.50

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of our gluten free options 😊



Salads

Warm Quinoa and Chickpea Salad **\$19.50**

Warm vegan quinoa, chickpea and roast vegetable salad tossed
With a house made balsamic vinaigrette dressing.

Grand Central Salad **\$19.50**

Tossed salad with green beans, broccoli pieces, toasted almond flakes and
finished with a house made seeded mustard and honey vinaigrette dressing.

Gluten Free Salad Toppers

Grilled Chicken Tenderloins **\$6.50**

Grilled Prawns **\$9.00**

Grilled Squid **\$7.50**

Seafood

Grilled Fish and Mashed Potatoes 1 piece \$17.50 2 piece \$22.50

Grilled fish served with mashed potatoes, lemon, salad and tartare sauce.

Creamy Garlic Prawns entrée \$22.50 Main \$29.50

Prawns pan fried in a creamy garlic sauce served with salad and steamed rice

Additional Sides

- Add Salad **\$3.50**
- Add Vegetables **\$3.50**
- Add Mashed Potato **\$4.50**
- Gluten Free Bread Roll **\$1.20**

*All main meals include our house salad **or** vegetables served on your plate*

Dessert

Gluten Free Nut Sundae **\$8.50**

With your choice of topping

- Chocolate
- Strawberry
- Caramel

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