

**POULTRY & MEATS****Grilled Chicken Breast** **\$29.50**

Grilled chicken breast with ham, asparagus & melted cheese served on mash potato with a house made creamy garlic sauce

**Marinated & Char-Grilled Butterflied Chicken** **\$29.50**

Marinated and char-grilled chicken served with warm quinoa, chickpeas and vegetable, finished with a zesty salsa verde sauce

**300g MSA Porterhouse Steak** **\$34.90**

Chargrilled to your liking with gravy & mash potato

*\*Please allow minimum 30 minutes for well cooked steak*

**300g MSA Rump Steak** **\$29.50**

Chargrilled to your liking with your choice of sauce & mash potato

*\*Please allow minimum 30 minutes for well cooked steak*

**Grand Central Mix Grill** **\$37.50**

150gm Porterhouse steak char-grilled to your liking, a chorizo sausage, bacon, grilled lamb chop, a fried egg and a fried tomato served with mash potato and your choice of sauce.

**Sauces**

Gravy, Diane, Mushroom & Pepper

**No Charge****Additional Charge**

- Extra side of sauce **\$3.50**
- Creamy Garlic **\$4.00**
- Hollandaise **\$4.00**
- Seafood - Prawn & Squid in Creamy Garlic **\$10.90**



# GRAND CENTRAL GLUTEN FREE MENU

## SALADS

### Grand Central Caesar Salad

\$21.50

Bacon, cos lettuce and shaved parmesan tossed with a caesar dressing and topped with a poached egg

### Warm Quinoa & Chickpea Salad

\$21.50

Warm vegan quinoa, chickpea and roast vegetable salad tossed with a house made balsamic vinaigrette dressing

### Grand Central Salad

\$20.50

Tossed salad with green beans, broccoli pieces and toasted almond flakes, finished with a house made seeded mustard and honey vinaigrette dressing

### Gluten Free Salad Toppers

- Grilled Chicken Tenderloins
- Grilled Prawns
- Grilled Squid



\$7.50

\$10.00

\$8.50

## SEAFOOD

### Grilled Fish & Mash Potatoes

1 piece \$18.90

Grilled fish served with mash potato, lemon wedge, salad and tartare sauce

2 pieces \$23.90

### Creamy Garlic Prawns

entree \$23.90

Prawns pan-fried in a creamy garlic sauce served with salad and steamed rice

main \$32.50

### Additional Sides

Add Salad

\$4.50

Add Vegetables

\$4.50

Add Mash Potato

\$5.00

Gluten Free Bread Roll

\$1.50

*All main meals include our house salad or vegetables served on your plate*

## DESSERT

### Gluten Free Nut Sundae with your choice of topping

\$8.50

- Chocolate
- Strawberry
- Caramel